

Interview Role Play Before the due date of this midterm project, please interview a parent (personal contact) who is raising a young child under the age of 12- typically or atypically developing. All data obtained must be confidential. No names or identifiable information should be ever mentioned or shared when reporting your interview data. Below are essential steps and documents you need in order to accomplish your midterm project in a timely manner. Read them carefully, make sure you understand. Then think about a personal contact who would be willing to spend some personal time with you to have a real face-to-face conversation (NO FACETIME! OR IMAGINARY PERSON!) No late work is accepted. Time-management skills are essential. Practice now. Important Documents to Print Out Prior the Interview 1. Obtaining Consent Form Before starting the interview, you must ask your personal contact for approval and for at least one hour of their time. During the scheduled meeting you must obtain consent from your personal contact. Please use the below consent form.

Administer Parental Stress Scale Once your participant has signed the consent form, you will administer the parental stress scale, which is a self-report scale that includes 18 questions. Please use the link below for the stress questionnaire and follow instructions on how to score it. Do not share the scoring sheet with your interviewee.

Parental Interview For the day of your interview, please print a copy of the interview survey and take deliberate notes. For the open-ended questions, please audio record the responses because you will need to transcribe the main comments and fill into the online survey.

Parenting Interview Survey

1. Gender of parent: F
2. Marital Status: Married
3. Ethnic background: Hispanic
4. Since when living in the US: moved here as an adult(19+)
5. Language at home: Spanish
6. Highest educational level: Post- secondary education (certification, completed BA/BS college degree)
7. Parental employment status: full-time
8. Parent profession: Teacher assistant
9. Zip Code: 07306
10. Total # of children: 4+
11. What age did parent become first time parent: 21-25
12. How has the parent mostly handled child care: Myself (stayed/staying at home)
13. Has one of the parent's child(dren) been diagnosed with a disability: No
14. Focusing on one particular child and this is where I will audiotape the interview for the next 5 open ended questions about your parenting experience concerning this target child. Just briefly introduce the child's character and relationship to you: Quiet, child can become overwhelmed when leaving the computer. She is close to her mother, loving. When mother leaves or arrives, her child greets her with a hello/goodbye. Independent,

completes HW alone, enjoys helping mother make breakfast (suggests/self involved), generally happy, can be irritable, mother talks to her/asks her what is wrong to allow the child to express feelings.

15. Child's age: 9
16. Child's gender: F
17. Child diagnosed with a disability: No
18. Child is: Last born
19. How old was the mother when the child was born: 39
20. How old was the father when the child was born: 61
21. Was this child planned: No, it was a surprise
22. Before you become a parent. How much did you know about child development: I knew already a lot about child development.
23. Where do you usually get your knowledge from about raising children: A combination of mother's parents or other close family members. Books and online articles and sources. Pediatrician and other professionals.
24. What are day-to-day activities with this particular child. Provide one example of your most favorite activity with your child. Why is this your favorite. Provide an example of your least favorite activity with your child. Why is this your least favorite: She sets a uniform for her child to get ready for school. When her child comes from school, the mother assists with homework. Mother cooks and makes sure her child eats before getting ready for karate. When her child comes back, she eats again and drinks milk before bed. Finishing homework if not already done and remind her child to brush teeth. Favorite thing to do with her child is go shopping and go to the movies. They both enjoy it. Child likes to ask his mother to buy her toys at the store. Least favorite thing to do is to take her child to the park especially during the summer. Mother is usually tired after working full time and being a parent full time.
25. What methods do you use to record your child's milestones and development. What have been important landmarks/milestones in the development of your child. What stages of child development were the hardest for you to cope with: mother takes pictures/makes videos of child. Child enjoys dancing, and the mother records the child. Mother measures the child's height on the wall to see growth. Takes pictures on important dates and events. Hardest stages are the child learning to read on her own. Different from mother's other children. Learning how to ride a bike. Child is quickly learned, the mother claims that her child learned to ride a bike in 2 days. Walking for the first time was also difficult. Having the child practice, holding hands to assist walking as a toddler. Paying attention to her child who during toddler years grab everything and can easily get hurt. Potty training was difficult, finding a bathroom in public places.
26. How do you generally deal with stress when your child is defiant. What type of actions plans do you use to resolve such issues. How do you manage parental stress. Any recommendations for other or future parents: Mother instructs child to try to relax with breathing exercises. Sometimes mother sends child to bed or instructs her to shower to assist with relaxation. Mother manages parental stress by speaking with her husband, speaks to the child about what is the matter. Mother restricts video games when

misbehaving. Mother hugs her child when the child is upset. Recommendations for other parents is to plan well before having a child, read and learn about child psychology, and educate yourself. Parents need to be well informed and read about raising a child.

Asking questions to other parents and following what they believe to be the best for their child.

27. Describe one difficult situation you had with your child. What happened. What did you do. What worked. What did/does not work. How do you discipline your child in general: One difficult time is when the mother tells the child to stop playing video games. Child cries and throws tantrums. Mother allowed her to cry and asked her to calm down and send her to her room. Mother disciplines the child by taking away things the child likes like video games. Mother talks to the child about the situation so she understands what she did wrong.
28. What are the joys of parenting. What makes you happy about raising this particular child: Watching her graduate from grade to grade. Mother enjoys watching her child reach goals the child wants. Mother is happy to see her child go to the next level in karate. Mother is proud that her child is loving, warm, nice, gentle, studious, independent and smart.
29. What are the challenges of parenting. What concern you about raising this particular child: I feel like it will never end. Mother worries about her child not finishing school. Mother is worried about the child getting involved with gangs or the wrong people.
30. What is your relationship with your child. Do you have any regrets from the way you have raised this child. What would you have done differently from what you know now: Mother feels like her and child have a good relationship. There are no doubts. Mother thinks that she should not have allowed her child to play too many video games. Video games can be damaging to children.

Parental Stress Scale

Scoring: to compute the parental stress score items: 1,2,5,6,7,8,17,18 should have be reverse scored as follows: 1=5, 2=4,3=3,4=2,5=1. The item scores are then summed.

Scoring tool:

We want a low score to signify a low level of stress and a high score to signify a high level of stress. Overall possible scores on the scale range from 18-90. The higher the score, the higher the measured level of parental stress.

1. I am happy in my role as a parent: 4
2. There is little or nothing I wouldn't do for my child(ren) if it was necessary: 4
3. Caring for my child(ren) sometimes takes more time and energy than I have to give: 5
4. I sometimes worry whether I am doing enough for my child(ren): 4
5. I feel close to my child(ren): 5
6. I enjoy spending time with my child(ren): 5
7. My child(ren) is an important source of affection for me: 5
8. Having child(ren) gives me a more certain and optimistic view for the future: 5
9. The major source of stress in my life is my child(ren): 2
10. Having children leaves little time and flexibility in my life: 4
11. Having child(ren) has been a financial burden: 2
12. It is difficult to balance different responsibilities because my child(ren): 2
13. The behavior of my child(ren) is often embarrassing or stressful to me: 1
14. If I had to do it again, I might decide not to have child(ren): 1
15. I feel overwhelmed by the responsibility of being a parent: 2
16. Having child(ren) has meant having too few choices and too little control over my life: 3
17. I am satisfied as a parent: 5
18. I find my child(ren) enjoyable: 5